



TIMETABLE 22 July - 1 Sep 24

✉ swimodihampool@gmail.com
 🌐 www.swimodiham.co.uk
 ☎ 01256 367413

Monday		Tuesday		Wednesday	Thursday	Friday	Saturday	Sunday
				Military Lane Swim 0710 - 0815	Military Lane Swim 0710 - 0815			
Senior Swim 0900 - 0945		Military Hydro 0930 - 1030		Senior Swim 0900 - 1000	Military Hydro 0930 - 1030	Senior Swim 0900 - 0945	Lane swim for all 0930 - 1030	Lane swim for all 0930 - 1030
Pool Split		Pool Split		Pool Clean	Pool Split	Family Swim 1000 - 1200 <small>(Not available 9th, 16th and 30th Aug 24)</small>	SEN session Booking only 1100 - 1200	Family Swim 1100 - 1430
Tadpoles Shallow End 1000 - 1130	Parents & Toddlers 2/3 Pool 1000 - 1130	Lane Swim for all 2 Lanes 1045 - 1145	Parents & Toddlers 1/2 Pool 1045 - 1145	SEN session Booking only 1030 - 1130	Family Swim 1045 - 1145			
Military Lane Swim 1200 - 1300		Military Lane Swim 1200 - 1300		Military Lane Swim 1200 - 1300	Military Lane Swim 1200 - 1300	Military Lane Swim 1200 - 1300	Family Swim 1230 - 1430	
Lane Swim for all 1300 - 1400		Lane Swim for all 1300 - 1400		Lane Swim for all 1300 - 1400	Lane Swim for all 1300 - 1400	Lane Swim for all 1300 - 1400		
Family Swim 1400 - 1600		Family Swim 1430 - 1630		Ripples Swim School 1430 - 1800	Senior Swim 1415 - 1500	Family Swim 1400 - 1530	Pool Party may be available from 1515, email or call for details.	
Tadpoles 1615 - 1845					Family Swim 1515 - 1730	Tadpoles 1600 - 1800		
Ladies Night 1900 - 2000		Sub Aqua/Staff Trg 1915 - 2115		Lane Swim for all 1815 - 1915	Lane Swim for all 1815 - 1915			

Military Lane Swim	Serving Military and MOD Civil Servants ONLY	Ladies Night	Female Swimmers and Lifeguards	FAMILY SWIM NO BOOKINGS TRIAL
Military Hydro/Pool Drills	Serving Military by Appointment Only	SEN swim	Children and YP with SEN only Booking and DLA required	
Lane Swim For all	General Public and Military welcome	Sub-Aqua	RAF Odiham Sub-Aqua Club Only	
Senior Swim	Over 60's Only			
Family Swim	General Public and Military welcome	Tadpoles Swim School	For Swim School/Lesson bookings please contact the relevant Swim School/Club, info on our website.	
Parents and Toddlers	Under 5's only please, there are plenty of family Swims for the big kids.	Ripples Swim School		