

swimodihampool@gmail.com

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Timetable 5 Jan - 15 Feb 26



01256 367413

	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100
MON			Senior Swim 0900-1000		Lane Swim 1045 - 1145 Family swim 1045 - 1145		Military Lane Swim 1200 -1300	Lane Swim 1300 -1400		Military Lane Swim 1445 -1545		Tadpoles 1600 - 1830		Ladies Night 1900 -2000	Please be aware there may be a male working reception.
TUES	Military Lane 0710 - 0810 Lane Swim 0710 - 0810		Senior Swim 0830-0930	Military Hydro 0930 -1030		Lane Swim 1045 - 1145 Family swim 1045 - 1145	Military Lane Swim 1200 -1300	Lane Swim 1300 -1400	Military Hydro 1400 -1500	Military Swim improvement and lane swim 1515 -1615		Odiham Swim Club 1630 - 1900		NPLQ Staff Traning 1915 - 2115	
WED	Military Lane 0710 - 0810 Lane swim 0710 - 0810		Senior Swim 0900 - 1000		Swim School 1030 - 1130		Military Lane Swim 1200 -1300	Lane Swim 1300 -1400		Military lane swim 1430 -1530		Ripples The Little Swim Club 1600 - 1800		Lane Swim 1815 -1915	Aqua Workout 1930 - 2015
THUR	Military Lane 0710 - 0810 Lane swim 0710 - 0810			Military Hydro 0930 -1030		Lane Swim 1045 - 1145 Family swim 1045 - 1145	Military Lane Swim 1200 -1300	Lane Swim 1300 -1400	Senior Swim 1400 -1500	Military Swim improvement and lane swim 1515 -1615		Odiham Swim Club 1630 - 1900		Lane Swim 1915 - 2015	
FRI				Military Pool Drills 1000 - 1200			Military Lane Swim 1200 -1300	Lane Swim 1300 -1400		Ripples Senior Swim 1415 -1515		Family swim 1615 - 1730			Smile Hi Sound Healing Online bookings ONLY
SAT			Phillies Swim School 0800 - 1200					Lane Swim 1230 -1330	Family Swim Phone booking recommended 1345 - 1445		Pool Party may be available, please call or email for details 1515 - 1715				
SUN			Phillies Swim School 0900 - 1200					Lane Swim 1230 -1330	Family Swim Phone booking recommended 1345 - 1445		SEN Session 1515 -1615				